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Intro to Biology

# Chapter 3: Basic Biochemistry of the Molecules of Life

molecule

Biochemistry



A(n) \_\_\_\_\_ is a pure substance that cannot be broken down into a simpler form

The FOUR most abundant elements in nature: \_\_\_\_\_.

\_\_\_\_\_ are the simplest chemical unit. Atomic number is the # of \_\_\_\_\_\_ in the nucleus of an atom. Atomic \_\_\_\_\_ includes protons and neutrons in the nucleus. A charged atom is called a(n) \_\_\_\_\_.

Water is a \_\_\_\_\_ molecule that exhibits \_\_\_\_\_ bonds, causing solid ice to be \_\_\_\_\_ dense than liquid water. Water has high \_\_\_\_\_ (sticks to other things) and \_\_\_\_\_\_ (sticks to itself) and resists \_\_\_\_\_ in temperature.

Water is the universal \_\_\_\_\_ that determines acids (\_\_\_\_ ions) & bases (\_\_\_\_ ions). pH below \_\_\_ is acidic. \_\_\_\_\_ resist pH changes.



- A(n) <u>element</u> is a pure substance that cannot be broken down into a simpler form
- The FOUR most abundant elements in nature: <u>CHON</u>.
- <u>Atoms</u> are the simplest chemical unit. Atomic number is the # of <u>protons</u> in the nucleus of an atom. Atomic <u>mass</u> includes protons and neutrons in the nucleus. A charged atom is called a(n) <u>ion</u>.
- Water is a <u>polar</u> molecule that exhibits <u>hydrogen</u> bonds, causing solid ice to be <u>less</u> dense than liquid water. Water has high <u>adhesion</u> (sticks to other things) and <u>cohesion</u> (sticks to itself) and resists <u>changes</u> in temperature.
- Water is the universal <u>solvent</u> that determines acids (<u>H+</u> ions) and bases (<u>OH-</u> ions). pH below  $\underline{7}$  is acidic. <u>Buffers</u> resist pH changes.



# Lesson Objectives



By the end of this lesson, you should be able to:

- Describe the structures and functions of each of the four groups of Macromolecules of Life: Carbohydrates, Lipids, Proteins, and Nucleic Acids.
- Investigate how the four groups of Macromolecules of Life are metabolized by cells.

**Science Practice: Biomolecules Lab** 

# **Organic Molecules**

- Life's molecular diversity is based on the properties of the **CARBON** atom.
- Almost all the molecules a cell makes are composed of carbon bonded to H<sup>\*</sup>
  - other carbons
  - Hydrogen, oxygen, & nitrogen

Carbon-based molecules (when combined with hydrogen or possessing a long carbon chain including oxygen or nitrogen) are called <u>ORGANIC MOLECULES</u>.



## **Carbon Atom**

**CARBON** is essential for life "the backbone of life" "*carbon-based life forms*"

- Contains 4 electrons in its outer shell (*for bonding*).
- Each carbon atom creates 4 bonds: single, double, or triple bonds.
- "Swiss Army Knife of Chemistry"







#### **Macromolecules or Polymers**

 Macromolecules (*larger*) are built from smaller molecules called MONOMERS ("one unit").



## **Organic Reactions**

Anabolic Reactions: BUILD macromolecules from monomers.

Catabolic Reactions: BREAK macromolecules into its components (monomers).



## **Dehydration Synthesis**

- Also called a "condensation reaction"
- Anabolic Reactions which form macromolecules by combining monomers by "removing water".



## **Hydrolysis**

• **Catabolic** Reactions which break down macromolecules by removing monomers one at a time [opposite of condensation reaction].

Separates monomers by "adding water".







What does "organic" mean in Biology?

What organic reaction took place?  $\rightarrow$ 



#### What organic reaction took place $\downarrow$

(Distinguish monomer, polymer, macromolecule)







What does "organic" mean in Biology? Contains carbon (& hydrogen, oxygen, nitrogen)

What organic reaction took place? → Catabolism, hydrolysis

What organic reaction took place  $\downarrow$  (*Distinguish monomer, polymer, macromolecule*)





#### **Biochemical Molecules**

## **ORGANIC MOLECULES**

| Category      | Monomer | Polymer |
|---------------|---------|---------|
| Carbohydrates |         |         |
| Proteins      |         |         |
| Lipids        |         |         |
| Nucleic Acids |         |         |

#### **Biochemical Molecules**

# **ORGANIC MOLECULES**

| Category      | Monomer              | Polymer        |
|---------------|----------------------|----------------|
| Carbohydrates | monosaccharide       | polysaccharide |
| Proteins      | amino acids          | polypeptide    |
| Lipids        | Fatty acid, Glycerol | Lipid          |
| Nucleic Acids | Nucleotide           | Nucleic acid   |



#### Carbohydrates

#### • Important Source of Energy for all life forms (e.g. glucose).

- Made of only Carbon, Hydrogen, and Oxygen
   (1:2:1) - CH<sub>2</sub>O [C + water]
- Includes simple sugars and starches (complex sugars).
- Classified according to the number of sugar molecules they contain.
- Monomer: Monosaccharides





## Monosaccharides

- Called "Simple Sugars"
- MONOMERS or Building Blocks of Carbohydrates
- <u>Glucose</u>: Universal Fuel of Cells C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>
- Fructose (fruit sugar) and Galactose (milk sugar)
- Exist in the following forms:
  - Cyclic (aqueous in cells)
  - Straight Chain



### **Carbohydrate Synthesis**

 Cells link monosaccharides together by Dehydration Synthesis to form more complex sugars and polysaccharides.



# Disaccharides

- "Double sugar"
- Formed by joining two monosaccharides by Dehydration Synthesis.
- Sucrose (table sugar)
- Lactose (milk sugar)
- Maltose (grain sugar)
- Form a bond called a **GLYCOSIDIC bond.**

Sucrose (Glucose-fructose) Lactose (Galactose-glucose)

Maltose (Glucose-glucose)



Most simple sugars in nature are disaccharides

# **Hydrolysis of Disaccharides**



#### "Many Sugars"

- Chains of thousands of Monosaccharides.
- Also called "Complex Carbohydrates".
- Functions:
  - Energy Storage Molecules
  - Structural Molecules

Too large to leave the cell.



#### Energy Storage Molecules: Starch



- Chain of molecules of Glucose formed by Plants.
- This is the way plants store excess glucose.
- We consume it in products like potatoes and carrots.

Starch



#### Energy Storage Molecules:

# Glycogen

- Chain of molecules of Glucose formed by Animals.
- This is the way animals store excess glucose.
- Stored in liver and muscles.



#### Structural Molecules: Cellulose

- Chain of molecules of Glucose.
- Primary constituent of Plant Cell Walls.
- Major component of wood and paper.
- Indigestible by most animals.

# DO YOU EAT WOOD?







#### **Types of Carbohydrates**

#### There are three kinds of carbohydrates.



#### Monosaccharides



Disaccharides



Polysaccharides





Explain how biochemical molecules are formed.

List the general types of carbohydrates from simplest to most complex, giving examples/definitions of each.

What monomer exists in all the above di- & polysaccharides? The TWO major functions of complex sugars:





#### Explain how biochemical molecules are formed.

Monomers combined through dehydration synthesis to form polymers.

List the general types of carbohydrates from simplest to most complex, giving examples/definitions of each. Monosaccharide (glucose, fructose, galactose), Disaccharide (sucrose [table], maltose [grain], lactose [milk]) Polysaccharide (starch [plant excess glucose], glycogen [animal excess glucose], cellulose [plant cell walls])

What monomer exists in all the above di- & polysaccharides? *Glucose* 

The TWO major functions of complex sugars:

**Energy Storage Molecules & Structural Molecules** 



# Lipids

- Contain Carbon, Hydrogen, & Oxygen.
- Hydrophobic "Water-fearing"; Insoluble in water.
- Protects & insulates body organs.
- Mostly Energy-Storage molecules.
- Type of Lipid we will consider: Fats (Triglycerides)





Biochemistry



Biochemistry

#### Lipids are composed of two MONOMERS, glycerol (1 molecule) + fatty acids tails (3)



The components of fatty acids (2 essential features):

- 1. A long hydrocarbon chain.
  - a. Chain length ranges from 4 to 30 carbons
  - b. The chain is typically linear, containing an even number of carbon atoms bonded to each other.
- 2. A carboxylic acid group

long hydrocarbon chain

carboxylic acid group

#### Essential features of a fatty acid

#### Types of Fatty Acids tails:

- Saturated fatty acids have the maximum number of hydrogens bonded to the carbons (all <u>single</u> <u>covalent bonds</u> between carbons); Animal Fats.
- Unsaturated fatty acids contain one or more double bonds; Oils.

#### saturated fatty acid





# **Types of Fatty Acids**

#### Saturated fatty acids liquids at room temperature

#### Unsaturated fatty acids Solids at room temperature

SATURATED FAT



#### UNSATURATED FAT



Butter, coconut oil, whole milk, meat, peanut, butter, margarine, cheese, vegetable oil, fried foods, & frozen dinners Avocado, soybean oil, canola oil and olive oil, sunflower oil, fish oils walnuts, flax, & red meats

Triglycerides are made by the Dehydration Synthesis of 1 Glycerol + 3 Three Fatty Acids forming ESTER BONDS









# **Proteins**

- Account for over half of the body's organic matter (skin, bones, hair, muscle, organs, tissues, enzymes, hormones)
- Main Functions:
  - Provide the construction materials for body tissues.
  - Play a vital role in cell function.
  - Act as enzymes, hormones, and antibodies.
  - Contain Carbon, Hydrogen, Oxygen, Nitrogen, and sometimes Sulfur.
- MONOMERS: Amino Acids (20 types in humans)

# **Proteins**



Amino acids have a central carbon with 4 groups attached to it:

**Amino Group: NH<sub>2</sub>** 

Carboxyl Group: -COOH

Hydrogen: H

Side group: R





# Proteins

- Cells link amino acids together to make proteins by dehydration synthesis.
- PEPTIDE BONDS form to hold the amino acids together.



- The **functions** of different types of proteins depend on their individual **shapes**.
- A **polypeptide chain** contains hundreds or thousands of **amino acids** linked by **peptide bonds**.
- The amino acid sequence causes the polypeptide to assume a particular shape.



- Sequences with fewer than 50 amino acids are generally referred to as peptides, while the terms protein or polypeptide are used for longer sequences.
- The amino acid sequence makes up the primary structure of the protein.
- Stretches or strands of peptides compose secondary structure, depending on hydrogen bonding.



- The overall three-dimensional shape of an entire protein molecule is the tertiary structure. The protein molecule will bend and twist in such a way as to achieve maximum stability or lowest energy state.
- The quaternary structure refers to how these protein subunits interact with each other and arrange themselves to form a larger aggregate protein complex.







- If a protein's shape is altered, it can no longer function.
- In the process of **denaturation**, a protein
  - unravels
  - loses its specific shape
  - loses its function.
- Proteins can be denatured by changes in salt concentration, changes in pH, or high heat.





QUICK CHECK

What are the monomers of lipids?

- Function of Lipids?
- Distinguish the types of fatty acids.

- Monomer & function of proteins?
- Describe how to produce an amino acid.
- What determines the shape of proteins? What is denaturation & what causes it?

#### Review



What are the monomers of lipids?

Glycerol (1) & fatty acids (3)

Function of Lipids?

Protects, insulates, stores energy

- Distinguish the types of fatty acids.
- Saturated (all single bonds with carbon) ... liquids, animal fat Unsaturated (at least one double/triple bond with carbon) ... solids, oils
- Monomer & function of proteins?
- Amino acids; construction materials, enzymes, hormones, antibodies
- Describe how to produce an amino acid.
- Amine group + carboxyl group (dehydration synthesis) forming a peptide bond
- What determines the shape of proteins? Amino acid sequence
- What is denaturation & what causes it?
- A protein's shape is altered; changes in salt concentration, changes in pH, high heat

Cell Nucleus Containing 23 Pairs of Chromosomes

#### **NUCLEIC ACIDS**

**DNA Strand** 

/

Genes

Chromosomes

Bases

Biochemistry

- Make up the **GENES**: units of inheritance.
- Determine what type of organism you will be.
- Controls growth and development mainly by dictating protein structure.
- Composed of: Carbon, Hydrogen, Oxygen, Nitrogen, and Phosphorous.
- Two types exist:

# Deoxyribonucleic Acid (DNA) Ribonucleic Acid (RNA)

#### Built from NUCLEOTIDES (Monomers):

- Pentose (5-carbon) Sugar
  - Ribose in RNA
  - Deoxyribose in DNA
- Phosphate Group
- Nitrogenous Base:
  - A = Adenine
  - **G** = **G**uanine
  - C = Cytosine
  - **T = Thymine** (only in DNA)
  - **U = Uracil** (only in RNA)



## **Deoxyribonucleic acid (DNA)**

- The genetic material found within the cell's nucleus.
- Provides instructions for every protein in the body.
- Organized by complimentary bases to form a <u>double</u>stranded helix.
- Contains the sugar *deoxyribose* and the nitrogen bases
   Adenine, Thymine, Cytosine, & Guanine.
- Replicates before cell division.

Adenine

Guanine

# **Ribonucleic acid (RNA)**

- Carries out DNA's instructions for Protein Synthesis (Translation) in the cytoplasm.
- Created from a template of DNA (Transcription) in the nucleus.
- Organized by complimentary bases to form a <u>single</u>-stranded helix.
- Contains *ribose* sugar and nitrogen bases

Adenine, Uracil, Cytosine, & Guanine.



#### **Bonding in Nucleic Acids**



# Bonding in Nucleic Acids Sugar-Phosphate Backbone

# Sugar of one Nucleotide subunit is connected to Phosphate of the next nucleotide (dehydration synthesis).



Biochemistry











What elements are each macromolecule made of?

#### What are the components of a nucleotide?

Which nitrogenous bases bond with which ... & how?

Distinguish between RNA & DNA

What is the ultimate function of nucleic acids?

#### Review



What elements are each macromolecule made of? Carbohydrates  $\rightarrow$  C, H, O ... 1:2:1

- Lipid → C, H, O
- Proteins  $\rightarrow$  C, H, O, N, S
- Nucleic Acids  $\rightarrow C$ , H, O, N, P
- What are the components of a nucleotide? Sugar (ribose, deoxyribose), phosphate group, nitrogen base
- Which nitrogenous bases bond with which ... & how?
- A :: T with 2 H bonds; G ::: C with 3 H bonds ... RNA has U instead of T
- Distinguish between RNA & DNA
- *RNA: single stranded; mainly operates in the cytoplasm DNA: double stranded; located in the nucleus*
- What is the ultimate function of nucleic acids?
- **Protein synthesis; controlling cell function**



### Review: General Terms





### Review: General Terms



# **ORGANIC MOLECULES**

| Category      | Monomer              | Polymer        |
|---------------|----------------------|----------------|
| Carbohydrates | monosaccharide       | polysaccharide |
| Proteins      | amino acids          | polypeptide    |
| Lipids        | Fatty acid, Glycerol | Lipid          |
| Nucleic Acids | Nucleotide           | Nucleic acid   |



| Biological<br>macromolecule | Function  | Monomer   | Examples  |
|-----------------------------|---|---|---|
| ?                           | Dietary energy;<br>storage; plant<br>structure<br>Bonds: <b>?</b>                                   |   | Monosaccharides:<br>dissaccharides:<br>Polysaccharides: |
| \$                          | Long-term<br>energy storage<br>(for fats);<br>hormones<br>(for steroids)<br><u>Bonds</u> : <b>?</b> | H-C-OH<br>H-C-OH<br>H-C-OH<br>H-C-OH<br>H-C-OH<br>Components of<br>a fat molecule | \$  |



| Biological<br>macromolecule | Function  | Monomer   | Examples   |
|-----------------------------|---|---|--|
| Carbohydrates               | Dietary energy;<br>storage; plant<br>structure<br><u>Bonds</u> : <b>Glycosidic</b>                      | H<br>OH<br>OH<br>CH2OH<br>H<br>H<br>OH<br>CH2OH<br>H<br>H<br>OH<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>H<br>CH2OH<br>H<br>CH2OH<br>H<br>CH2OH<br>H<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2OH<br>CH2O | Monosaccharides:<br>glucose, fructose.<br>dissaccharides:<br>lactose, sucrose.<br>Polysaccharides:<br>starch, cellulose.<br>glycogen |
| Lipids                      | Long-term<br>energy storage<br>(for fats);<br>hormones<br>(for steroids)<br><u>Bonds</u> : <b>Ester</b> | н-с-он<br>н-с-он<br>н-с-он<br>H-с-он<br>Glycerol<br>Components of<br>a fat molecule   | Fats, oils,<br>steroids  |



| Biological<br>macromolecule | Function   | Monomer                                  | Examples               |
|-----------------------------|--|--|------------------------|
| ?                           | Enzymes, structure,<br>storage, contraction,<br>transport, etc.<br>Bonds: <b>?</b> | group group<br>H,H,O,OH<br>Kide<br>group | ?<br>(an enzyme),<br>? |
| \$                          | Information<br>storage<br><u>Bonds</u> : <b>?</b>                                  | P<br>A<br>Nucleotide                     | \$                     |



| Biological<br>macromolecule | Function   | Monomer   | Examples                              |
|-----------------------------|--|---|---------------------------------------|
| Proteins                    | Enzymes, structure,<br>storage, contraction,<br>transport, etc.<br><u>Bonds</u> : <b>Peptide</b> | Amino Carboxyl<br>group group<br>H H G G<br>H Side<br>group<br>Amino acid | Lactase<br>(an enzyme),<br>hemoglobin |
| Nucleic acids               | Information<br>storage<br><u>Bonds</u> : <b>Hydrogen</b>   | Phosphate<br>Base<br>A<br>Sugar<br>Nucleotide                             | DNA, RNA                              |